



HOW TO ENROLL:



The **HMH NOW app** offers no-cost urgent care video visits with doctors for all HMH team members currently enrolled in Hackensack Meridian *Health* benefits and their enrolled dependents.

You will need to download and enroll in the new HMH NOW telemedicine app using **your personal email address**.

1



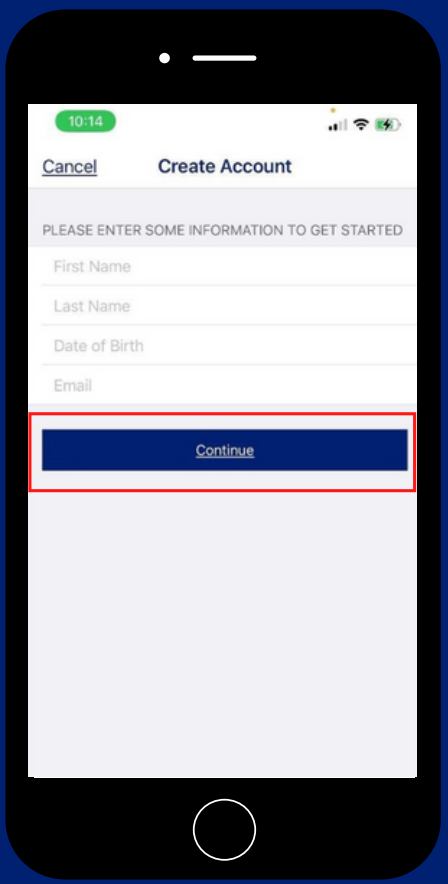
Go to the App Store on your device (or visit **HMHNOW.org** from a computer).

2



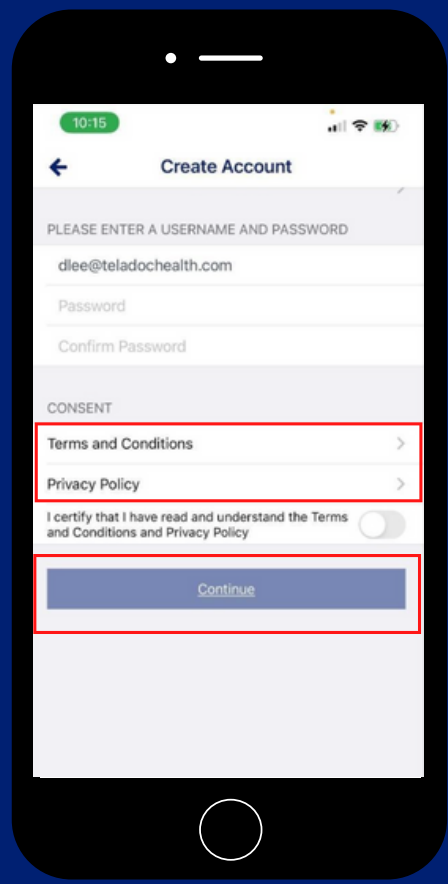
Type in the search bar "**HMH Now**" and download the app.

3



Fill out First Name, Last Name, Date of Birth, and your personal email address. Click **Continue**.

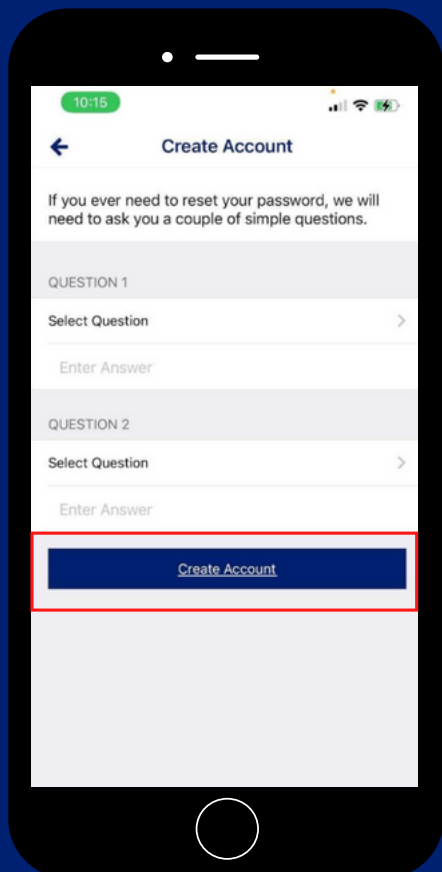
4



Enter a username (or keep email as username) and create a password. Keep this information in a safe place. Check the terms and conditions and Privacy Policy and click **Continue**.

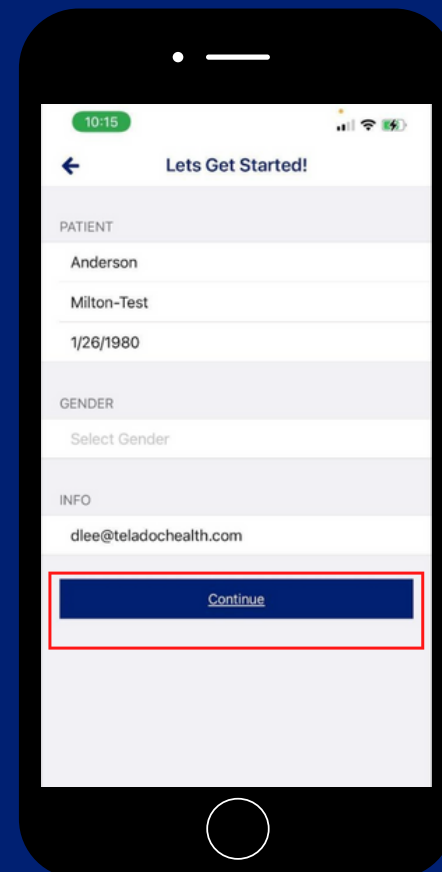


5



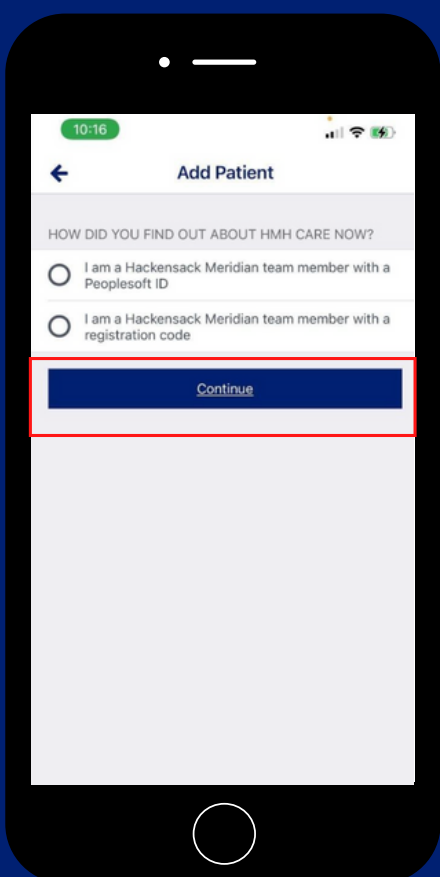
Choose and answer 2 security questions. Click **Create Account**.

6



Select gender and click **Continue**.

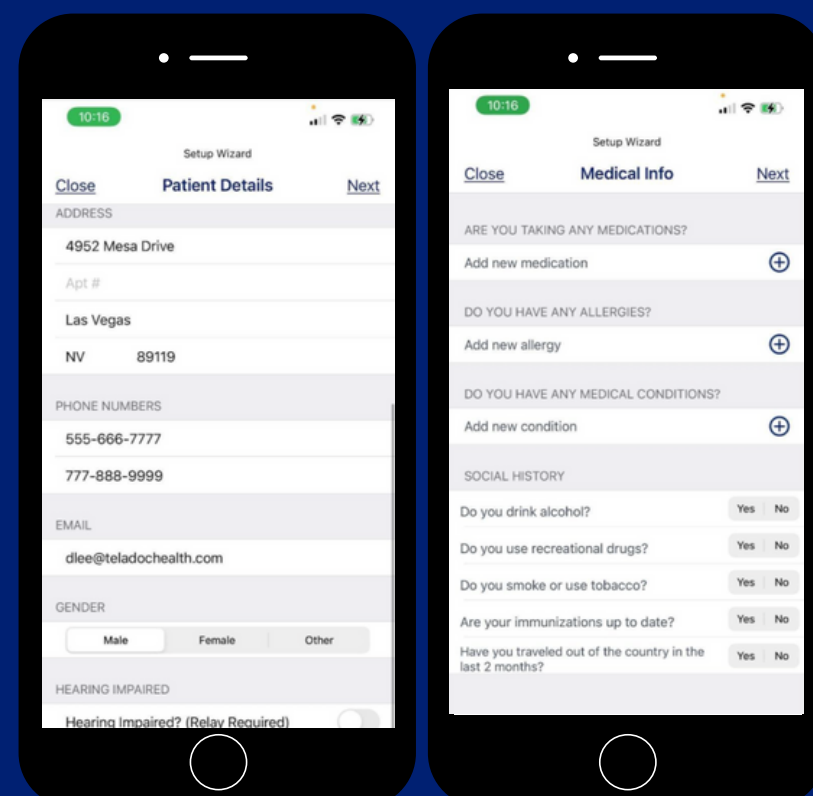
7



Note: If you have a **PeopleSoft ID**, are enrolled in HMH benefits and want to register for yourself or your enrolled dependent, select "I am an HMH team member with a Peoplesoft ID". If you have a Peoplesoft ID and are enrolled in HMH benefits, you will **not** need to enter a registration code or a coupon code to receive free visits.
If you do not have a PeopleSoft ID, but are enrolled in HMH benefits and want to register yourself or your enrolled dependent, select "I am an HMH team member with a registration code". Enter the one time registration code "CARENOW2022" when prompted to receive free visits.

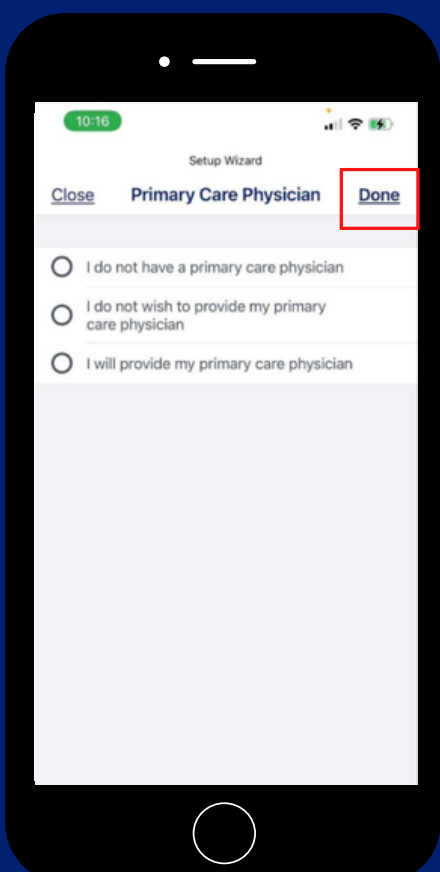
Choose the appropriate answer and click **Continue**.

8



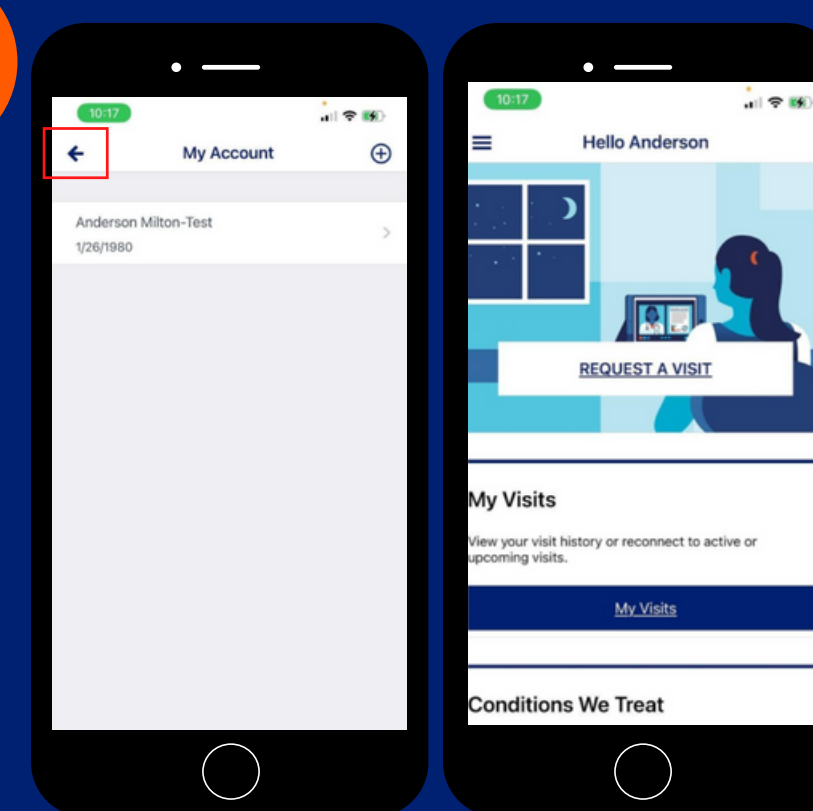
Fill out patient & medical information.

9



Choose the appropriate answer regarding Primary Care Physician and click **Done**.

10



Choose the **go back** icon in the top left corner and begin to **Request a Visit**.